

MUFFINS



Almond Cherry Muffins

Nutrition Facts	
Variable servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	390
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 4.5g	23%
<i>Trans</i> Fat 0g	
Cholesterol 70mg	23%
Sodium 350mg	15%
Total Carbohydrate 44g	16%
Dietary Fiber 1g	4%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 2mg	10%
Potassium 124mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Creme Cake Base(Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites, Water, Fully Refined Soybean Oil, Cherries, Dried Egg (Dried whole eggs and less than 2% Sodium Silicoaluminate (added as an anticaking agent)), Almonds, Orange Fruit-n-Flavor (High Fructose Corn Syrup, Orange Peel, Corn Syrup, Dextrose, Natural Flavors, Water, Pectin, Sodium Benzoate, Sodium Propionate, and Potassium Sorbate (added as preservatives), Citric Acid, Phosphoric Acid, Yellow 6, Yellow 5, Sodium Citrate), Vanilla (Propylene Glycol, Alcohol, Artificial Flavors and Citric Acid).

CONTAINS: Wheat, Milk, Soy, Eggs, and Tree Nuts.



Almond Poppy Seed Muffin

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	420
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 400mg	17%
Total Carbohydrate 46g	17%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 63mg	4%
Iron 3mg	15%
Potassium 96mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the Following: Whey, Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (added as an anticaking agent)), Almond Emulsion (Water, Propylene Glycol, Artificial Flavors, Xanthan Gum, Citric Acid and Sodium Benzoate), Poppy Seeds.

CONTAINS: Wheat, Milk, Egg, Soy, Tree Nuts.



Apple Cinnamon Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	380
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 75mg	25%
Sodium 360mg	16%
Total Carbohydrate 43g	16%
Dietary Fiber 0g	0%
Total Sugars 23g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 2mg	10%
Potassium 75mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Canned Apple Pieces (Apples and Water), Dried Egg (Dried whole eggs and less than 2% Sodium Silicoaluminate (as an anticaking agent)), Cinnamon.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Apple Walnut Muffin

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	390
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 350mg	15%
Total Carbohydrate 43g	16%
Dietary Fiber 1g	4%
Total Sugars 22g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 37mg	2%
Iron 2mg	10%
Potassium 103mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the Following: Whey, Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (added as an anticaking agent)), Almond Emulsion (Water, Propylene Glycol, Artificial Flavors, Xanthan Gum, Citric Acid and Sodium Benzoate), Apples.

CONTAINS: Wheat, Soy, Egg, and Tree Nuts.



Banana Nut Mini Muffins

Nutrition Facts	
Variable servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	300
	% Daily Value*
Total Fat 16g	21%
Saturated Fat 3.5g	18%
<i>Trans Fat</i> --g	
Cholesterol 55mg	18%
Sodium 280mg	12%
Total Carbohydrate 35g	13%
Dietary Fiber --g	--%
Total Sugars 18g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% Or Less Of The Following: Whey (Milk), Mono-And Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Banana Puree (Bananas), Dried Egg (Dried whole eggs and less than 2% sodium silicoaluminate (anticaking agent)), Walnut Pieces, Banana Fruit-n-Flavor (High Fructose Corn Syrup, Banana Puree (Preserved with Ascorbic Acid), Sugar, Wheat Starch, Water, Citric Acid, Preservatives (Sodium Benzoate, Sodium Propionate, Potassium Sorbate), Artificial Flavor, Yellow 5).

CONTAINS: Wheat, Milk, Eggs, Soy, and Tree Nuts.



Banana Nut Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 75mg	25%
Sodium 360mg	16%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 2mg	10%
Potassium 91mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% Or Less Of The Following: Whey (Milk), Mono-And Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Banana Puree (Bananas), Dried Egg (Dried whole eggs and less than 2% sodium ilicoaluminate (anticaking agent)), Walnut Pieces, Banana Fruit-n-Flavor (High Fructose Corn Syrup, Banana Puree (Preserved with Ascorbic Acid), Sugar, Wheat Starch, Water, Citric Acid, Preservatives (Sodium Benzoate, Sodium Propionate, Potassium Sorbate), Artificial Flavor, Yellow 5).

CONTAINS: Wheat, Milk, Egg, Soy, and Tree Nuts.



Blueberry Mini Muffins

Nutrition Facts	
servings per container	
Serving size	(113g)
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 2.5g	13%
<i>Trans Fat</i> --g	
Cholesterol 70mg	23%
Sodium 350mg	15%
Total Carbohydrate 45g	16%
Dietary Fiber --g	--%
Total Sugars 24g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 1mg	6%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% Or Less Of The Following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Blueberries, Dried Egg (Dried Whole Eggs and Contains less than 2% sodium Silicoaluminate (added as an anticaking agent)).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Blueberry Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	380
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 360mg	16%
Total Carbohydrate 44g	16%
Dietary Fiber 0g	0%
Total Sugars 23g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 29mg	2%
Iron 2mg	10%
Potassium 82mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% Or Less Of The Following: Whey (Milk), Mono- and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Blueberries, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (added as an anticaking agent)).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Bran Muffin

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	430
	% Daily Value*
Total Fat 24g	31%
Saturated Fat 5g	25%
<i>Trans</i> Fat 0g	
Cholesterol 80mg	27%
Sodium 400mg	17%
Total Carbohydrate 50g	18%
Dietary Fiber 1g	4%
Total Sugars 26g	
Includes 2g Added Sugars	4%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 38mg	2%
Iron 3mg	15%
Potassium 155mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Raisins, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (added as an anticaking agent)), Wheat Bran, Molasses (Molasses, Sugar, Natural Flavors, Minerals).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Carrot Cake Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	360
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 380mg	17%
Total Carbohydrate 47g	17%
Dietary Fiber 1g	4%
Total Sugars 25g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 41mg	4%
Iron 2mg	10%
Potassium 162mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Carrot Cake(Walnuts, Cake Mix[Sugar, Enriched Wheat Flour Bleached(Flour, Niacin, Reduced Iron, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Dextrose, Carrots, Food Starch-Modified, Dry Egg Yolk, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Aluminum Sulfate), Dry Egg Whites, Natural And Artificial Flavor, Salt, Xanthan Gum, Propylene Glycol, Guar Gum, Water, Carmel Color, Corn Syrup, Polysorbate 80, Corn Starch, Glycerin, Silicon Dioxide, Corn Oil, Wheat Starch, Beta Carotene As Color, Alpha Tocopherols (added as a preservative), Citric Acid, Nonfat Milk, Soy Flour], Water, Fully Refined Soybean Oil), Cream Cheese Icing(Sugar, Shortening(Palm, Canola and Soybean Oil, Mono and Diglycerides, Polysorbate 60), Margarine(Palm Oil, Water, Salt, Mono & Diglycerides, Soy Lecithin, Sodium Benzoate(added as a preservative), Artificial Flavor, Beta Carotene for Color, Vitamin A Palmitate).

CONTAINS: Wheat, Eggs, Milk, Soy, and Tree Nuts.



Cherry Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	400
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 370mg	16%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 89mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Red Tart Pitted Cherries, Dried Egg (Dried Whole Eggs and less than 2% Sodium Silicoaluminate (as an anticaking agent)), Cherry Fruit-n-Flavor (High Fructose Corn Syrup, Pineapple, Corn Syrup, Dextrose, Water, Citric Acid, Sodium Benzoate, Sodium Propionate, and Potassium Sorbate (added as preservatives), Pectin, Artificial Flavor (Wheat), Red 40, Red 3, Sodium Citrate, Blue 2).

CONTAINS: Soy, Wheat, Milk, and Eggs.



Chocolate Cherry Chip Muffin

Nutrition Facts	
Variable servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	400
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 5g	25%
<i>Trans Fat</i> 0g	
Cholesterol 70mg	23%
Sodium 360mg	16%
Total Carbohydrate 47g	17%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 36mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Sugar, Bleached Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Liquid Whole Eggs, Soybean Oil, Water, Chocolate Flavored Chips (Sugar, Palm Kernel Oil, Cocoa, Soy Lecithin, Salt), Modified Corn Starch, Whey (Milk), Leavening (Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate), Wheat Gluten, Salt, Soy Lecithin, Propylene Glycol Monoesters, Natural and Artificial Flavor, Mono and Diglycerides, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Citric Acid, Cherries.

CONTAINS: Wheat, Milk, Soy, and Eggs.



Chocolate Chip Mini Muffins

Nutrition Facts	
Variable servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	340
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 250mg	11%
Total Carbohydrate 37g	13%
Dietary Fiber --g	--%
Total Sugars 21g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 1mg	6%
Potassium --mg	--%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sugar, Bleached Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Liquid Whole Eggs, Soybean Oil, Water, Chocolate Flavored Chips (Sugar, Palm Kernel Oil, Cocoa, Soy Lecithin, Salt), Modified Corn Starch, Whey (Milk), Leavening (Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate), Wheat Gluten, Salt, Soy Lecithin, Propylene Glycol Monoesters, Natural and Artificial Flavor, Mono and Diglycerides, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Citric Acid.

CONTAINS: Eggs, Soy, Wheat, and Milk.



Chocolate Chip Muffin

Nutrition Facts	
Variable servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	460
	% Daily Value*
Total Fat 25g	32%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 75mg	25%
Sodium 360mg	16%
Total Carbohydrate 52g	19%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 73mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Sugar, Bleached Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Liquid Whole Eggs, Soybean Oil, Water, Chocolate Flavored Chips (Sugar, Palm Kernel Oil, Cocoa, Soy Lecithin, Salt), Modified Corn Starch, Whey (Milk), Leavening (Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate), Wheat Gluten, Salt, Soy Lecithin, Propylene Glycol Monoesters, Natural and Artificial Flavor, Mono and Diglycerides, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Citric Acid.

CONTAINS: Wheat, Milk, Soy, and Eggs.



Cranberry Orange Walnut Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	390
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 70mg	23%
Sodium 350mg	15%
Total Carbohydrate 43g	16%
Dietary Fiber 1g	4%
Total Sugars 23g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 2mg	10%
Potassium 95mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Creme Cake Base(Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites, Water, Fully Refined Soybean Oil, Cranberries, Dried Egg (Dried whole eggs and less than 2% Sodium Silicoaluminate (added as an anticaking agent)), Walnuts, Orange Fruit-n-Flavor (High Fructose Corn Syrup, Orange Peel, Corn Syrup, Dextrose, Natural Flavors, Water, Pectin, Sodium Benzoate, Sodium Propionate, and Potassium Sorbate (added as preservatives), Citric Acid, Phosphoric Acid, Yellow 6, Yellow 5, Sodium Citrate), Vanilla (Propylene Glycol, Alcohol, Artificial Flavors and Citric Acid).

CONTAINS: Wheat, Milk, Soy, Eggs, and Tree Nuts.



Cream Cheese Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 5g	25%
<i>Trans Fat</i> 1g	
Cholesterol 75mg	25%
Sodium 370mg	16%
Total Carbohydrate 46g	17%
Dietary Fiber 0g	0%
Total Sugars 25g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 70mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Muffin (Crème Cake Base [Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites], Water, Fully Refined Soybean Oil, Dried Egg [Dried whole eggs and less than 2% Sodium Silicoaluminate (anticaking agent)]), Cheese Filling (Cream Cheese [Pasteurized Cultured Milk and Cream, Salt, Stabilizers(Xanthan, Carob Bean, and/or Guar Gums)], Water, Sugar, Corn Syrup, Food Starch-Modified, Salt, Titanium Dioxide (Color), Natural and Artificial Flavor (Milk), Preservatives (Sorbic Acid, Benzoic Acid), Glucono Delta-Lactone, Lactic Acid, Yellow 5, Yellow 6).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Double Chocolate Chip Mini Muffins

Nutrition Facts	
1 servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 3.5g	18%
<i>Trans Fat</i> --g	
Cholesterol 55mg	18%
Sodium 320mg	14%
Total Carbohydrate 35g	13%
Dietary Fiber --g	--%
Total Sugars 18g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 1mg	6%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Whole Eggs, Soybean Oil, Water, Chocolate Liquor, Modified Food Starch, Whey (Milk), Leavening (Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate), Wheat Gluten, Salt, Soy Lecithin, Propylene Glycol, Monoesters, Artificial Flavor, Mono and Diglycerides, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Flour, Potassium Sorbate (added as a preservative).

CONTAINS: Wheat, Soy, Milk, and Eggs.



Double Chocolate Chip Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	430
	% Daily Value*
Total Fat 26g	33%
Saturated Fat 4.5g	23%
Trans Fat --g	
Cholesterol 70mg	23%
Sodium 430mg	19%
Total Carbohydrate 47g	17%
Dietary Fiber --g	--%
Total Sugars 24g	
Includes --g Added Sugars	--%
Protein 5g	
Vitamin D --mcg	--%
Calcium 0mg	0%
Iron 2mg	10%
Potassium --mg	--%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Whole Eggs, Soybean Oil, Water, Chocolate Liquor, Modified Food Starch, Whey (Milk), Leavening (Sodium Aluminum Phosphate, Aluminum Sulfate, Sodium Bicarbonate), Wheat Gluten, Salt, Soy Lecithin, Propylene Glycol, Monoesters, Artificial Flavor, Mono and Diglycerides, Mono and Diglycerides, Sodium Stearoyl Lactylate, Soy Flour, Potassium Sorbate (added as a preservative).

CONTAINS: Wheat, Milk, Soy, and Eggs.



Glorious Morning Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	400
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 40mg	13%
Sodium 250mg	11%
Total Carbohydrate 48g	17%
Dietary Fiber 2g	7%
Total Sugars 28g	
Includes 20g Added Sugars	40%
Protein 5g	
Vitamin D 3mcg	15%
Calcium 88mg	6%
Iron 2mg	10%
Potassium 174mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Bread Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Sugar, Fully Refined Soybean Oil, Shredded Carrots, Apples, Water, Coconut (Desiccated Coconut (contains Sulfites), Powdered Sugar (contains Cornstarch), Water, Propylene Glycol (added to preserve freshness), Salt), Raisins, Walnuts, Dry Eggs (Dried Whole Eggs and less than 2% sodium silicoaluminate (added as an anticaking agent)), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, and Monocalcium Phosphate), Cinnamon, Salt.

CONTAINS: Wheat, Milk, Eggs, Soy, and Tree Nuts.



Honey Raisin Bran Mini Muffins

Nutrition Facts	
Variable servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	300
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 280mg	12%
Total Carbohydrate 41g	15%
Dietary Fiber --g	--%
Total Sugars 23g	
Includes --g Added Sugars	--%
Protein 4g	
Vitamin D --mcg	--%
Calcium 35mg	2%
Iron 2mg	10%
Potassium --mg	--%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Water, Sugar, Eggs, Enriched Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Raisins (Palm Oil), Honey, Bleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Bran, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour). Contains 2% or less of each of the following: Whole Milk, Molasses [Molasses, Wheat Starch, Soy Lecithin], High Fructose Corn Syrup, Modified Food Starch, Salt, Sodium Bicarbonate, Vital Wheat Gluten, Whey (Milk), Nonfat Dry Milk, Soy Lecithin, Dry Honey (Honey, High Fructose Corn Syrup, Wheat Starch, Corn Syrup, Soy Flour, Calcium Stearate, Soy Lecithin), Acidic Sodium Aluminum Phosphate, Mono- And Diglycerides, Calcium Propionate (Preservative), Monocalcium Phosphate, Emulsifier (Mono and Diglycerides, Propylene Glycol Ester of Fatty Acids, Sodium Stearoyl Lactylate), Wheat Starch, Sodium Aluminum Phosphate, Aluminum Sulfate, Caramel Color (Sulfites), Egg Whites, and Soy Flour.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Lemon Cheese Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	400
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 5g	25%
<i>Trans Fat</i> 1g	
Cholesterol 70mg	23%
Sodium 360mg	16%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 26g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 67mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Bleached Enriched Wheat Flour (Wheat Flour, Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Sugar, Soybean Oil, Food Starch-Modified, Contains 2% or less of the following: Whey, Mono and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Sodium Dioxide, Guar Gum, Xanthan Gum, Artificial Flavor, Egg Whites, Water, Cream Cheese Filling (Water, Sugar, Cream Cheese (Milk, Cream, Cheese Culture, Salt, Carob Bean Gum)), Partially Hydrogenated Soybean and Cottonseed Oils, Modified Food Starch, Corn Syrup, Contains 2% or less of the following: Lactic Acid, Xanthan Gum, Titanium Dioxide (added for color), Natural and Artificial Flavor, Sodium Benzoate and Potassium Sorbate (added as preservatives), Salt, Polysorbate 60, Sorbitan Monostearate, Beta Carotene (added for color)), Soybean Oil, Eggs, Lemon Fruit-O (High Fructose Corn Syrup, Lemon Peel, Corn Syrup, Dextrose, Natural and Artificial Flavors, Water, Citric Acid, Pectin, Sodium Benzoate and Sodium Propionate (added as preservatives), Potassium Sorbate (added as a preservative), Yellow 5, Sodium Citrate).

CONTAINS: Wheat, Soy, and Milk.



Lemon Poppyseed Mini Muffins

Nutrition Facts	
1 servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	320
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 3.5g	18%
<i>Trans Fat</i> 0g	
Cholesterol 60mg	20%
Sodium 300mg	13%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 2mg	10%
Potassium 66mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% Or Less Of The Following: Whey (Milk), Mono-And Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Dried Egg (Dried whole eggs and less than 2% Sodium Silicoaluminate (anticaking agent), Lemon Fruit Icing (High Fructose Corn Syrup, Lemon Peel, Corn Syrup, Dextrose, Natural and Artificial Flavors, Water, Citric Acid, Pectin, Sodium Benzoate, Sodium Propionate, and Potassium Sorbate (added as preservatives), Yellow 5, Sodium Citrate), Lemon Emulsion (Water, Propylene Glycol, Natural Flavors, Xanthan Gum, Citric Acid, Sodium Benzoate and BHA), Poppy Seeds.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Lemon Poppyseed Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	430
	% Daily Value*
Total Fat 24g	31%
Saturated Fat 5g	25%
<i>Trans Fat</i> 0g	
Cholesterol 80mg	27%
Sodium 400mg	17%
Total Carbohydrate 48g	17%
Dietary Fiber 0g	0%
Total Sugars 26g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 2mg	10%
Potassium 88mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% Or Less Of The Following: Whey (Milk), Mono-And Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Dried Egg (Dried whole eggs and less than 2% Sodium Silicoaluminate (anticaking agent), Lemon Fruit Icing (High Fructose Corn Syrup, Lemon Peel, Corn Syrup, Dextrose, Natural and Artificial Flavors, Water, Citric Acid, Pectin, Sodium Benzoate, Sodium Propionate, and Potassium Sorbate (added as preservatives), Yellow 5, Sodium Citrate), Lemon Emulsion (Water, Propylene Glycol, Natural Flavors, Xanthan Gum, Citric Acid, Sodium Benzoate and BHA), Poppy Seeds.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Mini Pumpkin Muffins

Nutrition Facts	
Variable servings per container	
Serving size	3oz (85g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 160mg	7%
Total Carbohydrate 28g	10%
Dietary Fiber 3g	11%
Total Sugars 18g	
Includes 16g Added Sugars	32%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 1mg	6%
Potassium 87mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of each of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Pumpkin, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (anticaking agent)), Pumpkin Pie Spice (Ground Cinnamon, Ground Ginger and Cloves).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Orange Cranberry Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	380
<small>% Daily Value*</small>	
Total Fat 21g	27%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 360mg	16%
Total Carbohydrate 44g	16%
Dietary Fiber 1g	4%
Total Sugars 23g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 86mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the Following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Cranberries, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (as an anticaking agent)), Orange Fruit-n-Flavor (High Fructose Corn Syrup, Orange Peel, Corn Syrup, Dextrose, Natural Flavors, Water, Pectin, Preservatives (Sodium Benzoate, Sodium Propionate, and Potassium Sorbate), Citric Acid, Phosphoric Acid, Yellow 6, Yellow 5, Sodium Citrate)), Vanilla (Propylene Glycol, Alcohol, Artificial Flavors and Citric Acid).

CONTAINS: Wheat, Soy, Milk, and Eggs.



Pistachio Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	420
	% Daily Value*
Total Fat 23g	29%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 400mg	17%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 2mg	10%
Potassium 80mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Sugar, Soybean Oil, Modified Food Starch. Contains 2% or less of the following: Whey (Milk), Mono- and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Pistachio Emulsion (Water, Propylene Glycol, Xanthan Gum, Natural and Artificial Flavors, Citric Acid, Sodium Benzoate, FD&C Yellow #5 and Blue #1), Dried Egg (Dried whole eggs and less than 2% Sodium Silicoaluminate (anticaking agent)).

CONTAINS: Wheat, Soy, Milk, and Eggs.



Pumpkin Cheese Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	310
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 4g	20%
<i>Trans</i> Fat 1g	
Cholesterol 65mg	22%
Sodium 330mg	14%
Total Carbohydrate 42g	15%
Dietary Fiber 1g	4%
Total Sugars 23g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 2mg	10%
Potassium 65mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Sugar, Water, Wheat Flour, Margarine (Soybean Oil, Water, Salt, Mono and Diglycerides, Annatto/Turmeric [Color], Calcium Disodium EDTA [Preservative], Artificial Flavor, Vitamin A Palmitate), Cream Cheese((Pasteurized Milk and Cream, Cheese Culture, Stabilizers(Carob Bean and/or Xanthan and/or Guar Gums)), Palm Oil(TBHQ and Citric Acid [to protect flavor]), Pumpkin, Yeast, Corn Syrup, Corn Flour, Corn Starch, Vegetable Gum, Natural Flavor, Maltodextrin, Dextrose, Soy Lecithin, Sodium Bicarbonate, Beta Carotene (Color), Glycerine, Modified Corn Starch, Agar, Egg Whites, Sodium Propionate (Preservative), Soy Flour, Whey, Silicon Dioxide, Calcium Sulfate, Potato Flour, Cultured Wheat Starch, Cinnamon, Ginger, Cloves, Titanium Dioxide.

CONTAINS: Wheat, Soy, Milk, and Eggs.



Pumpkin Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	390
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 400mg	17%
Total Carbohydrate 47g	17%
Dietary Fiber 1g	4%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 38mg	2%
Iron 3mg	15%
Potassium 86mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of each of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Pumpkin, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (anticaking agent)), Pumpkin Pie Spice (Ground Cinnamon, Ground Ginger and Cloves).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Raisin Bran Muffin

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	430
	% Daily Value*
Total Fat 24g	31%
Saturated Fat 5g	25%
<i>Trans</i> Fat 0g	
Cholesterol 80mg	27%
Sodium 400mg	17%
Total Carbohydrate 50g	18%
Dietary Fiber 1g	4%
Total Sugars 26g	
Includes 2g Added Sugars	4%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 38mg	2%
Iron 3mg	15%
Potassium 155mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the following: Whey (Milk), Mono-and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Raisins, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (added as an anticaking agent)), Wheat Bran, Molasses (Molasses, Sugar, Natural Flavors, Minerals), Raisins.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Raspberry Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	390
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 4.5g	23%
<i>Trans Fat</i> 0g	
Cholesterol 75mg	25%
Sodium 370mg	16%
Total Carbohydrate 44g	16%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 29mg	2%
Iron 2mg	10%
Potassium 74mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Crème Cake Base (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the following: Whey (Milk), Mono- and Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Raspberries, Dried Egg (Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (as an anticaking agent)), Raspberry Fruit-n-Flavor (High Fructose Corn Syrup, Raspberries, Sugar, Wheat Starch, Propylene Glycol, Water, Artificial Flavor, Citric Acid, Sodium Benzoate and Potassium Sorbate (added as preservatives), Red 40, Blue 1).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Strawberry Cheese Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	370
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 5g	25%
Trans Fat 1g	
Cholesterol 65mg	22%
Sodium 330mg	14%
Total Carbohydrate 42g	15%
Dietary Fiber 0g	0%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 77mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Strawberry Muffin (Crème Cake Base [Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch, Contains 2% or less of the following: Whey(Milk), Mono-And Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites], Water, Fully Refined Soybean Oil, Strawberries, Dried Egg [Dried Whole Eggs and Contains less than 2% Sodium Silicoaluminate (anticaking agent)], Strawberry Fruit-n-Flavor [High Fructose Corn Syrup, Strawberries, Sugar, Wheat Starch, Water, Sodium Benzoate, Sodium Propionate, and Potassium Sorbate (added as preservatives), Natural and Artificial Flavor, Citric Acid, Red 40, Blue 1]), Cheese Filling (Cream Cheese [Pasteurized Cultured Milk and Cream, Salt, Stabilizers (Xanthan, Carob Bean, and/or Guar Gums)], Water, Sugar, Corn Syrup, Food Starch-Modified, Salt, Titanium Dioxide (Color), Natural and Artificial Flavor (Milk), Sorbic Acid and Benzoic Acid (added as preservatives), Glucono Delta-Lactone, Lactic Acid, Yellow 5, Yellow 6).

CONTAINS: Wheat, Milk, Eggs, and Soy.



Turtle Muffins

Nutrition Facts	
1 servings per container	
Serving size	4oz (113g)
Amount per serving	
Calories	460
	% Daily Value*
Total Fat 27g	35%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 75mg	25%
Sodium 390mg	17%
Total Carbohydrate 49g	18%
Dietary Fiber 0g	0%
Total Sugars 26g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 2mg	10%
Potassium 89mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Creme Cake Mix (Enriched Bleached Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Modified Food Starch. Contains 2% or less of the following: Whey (Milk), Mono-And Diglycerides, Soy Lecithin, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Vital Wheat Gluten, Distilled Monoglycerides, Distilled Propylene Glycol Monoester, Sodium Stearoyl Lactylate, Silicon Dioxide, Xanthan Gum, Guar Gum, Artificial Flavors, Egg Whites), Water, Fully Refined Soybean Oil, Dried Egg (Dried whole eggs and less than 2% sodium silicoaluminate (anticaking agent)), Chocolate Chips (Chocolate Liquor, Sugar, Soy Lecithin (added as an emulsifier), Vanilla (an artificial flavor)), Butterscotch Chips (Sugar, Hydrogenated Palm Kernel Oil, Nonfat Milk Powder, Artificial Color (FD&C Yellow 5 Lake, FD&C Yellow 6 Lake, FD&C Blue 2 Lake), Soy Lecithin (an emulsifier), Distilled Monoglycerides, Natural and Artificial Flavor), Pecan Pieces, Toffee Pieces (Sugar, Palm Oil, Dairy Butter (Milk), Almonds, Salt, Artificial Flavor).

CONTAINS: Wheat, Milk, Egg, Soy, and Tree Nuts.